



Early Help in your area

Brought to you by the South Early Help partnership

Coventry Family Health and Lifestyles Service ~ Health Visiting

We have had to make several adaptations in how we provide a Health Visiting Service in Coventry and our teams have continued to work extremely hard to ensure the service is safe and effective. We have managed to conduct all development assessments carried out at age 6 weeks, 10-12 months and 2 1/2 years using different methods such as video calls.

Your Health Visitor is still available to you for advice by calling **02475 189190**. We now have a ChatHealth service which is a text messaging service staffed by Coventry Health Visitors to answer any queries you may have on **07507 329114**. We also have a Facebook page that is kept up to date with advice and information for you. We strongly advise you to keep up to date with your child's immunisation schedule during the Covid -19 pandemic. Services such as the Emergency Department at UHCW, GP services and NHS 111 (a free telephone helpline 24hours 7 days a week for medical advice) are all open and continue to offer a service to you.



Jackie Taylor and Pauline Lyons, Clinical Leads for Health Visiting in Coventry.

@coventryhealthvisiting Please like our page to receive up to date advice and information. We would love to see your comments!

School Nursing Team

The team has been working as normal supporting children and families at home and at school throughout the Covid-19 Pandemic.

Please be reassured we are thinking of you all and would like to remind you that our team are still here to support you.

If you have any concerns about your child's health and wellbeing please text us

Parent Line on **07507 329 114**



1st Edition Spring 2021

Aspire Family Hub

Gosford Park School Site, Humber Avenue, Coventry CV1 2SF
Tel. 024 7697 8100

Wood Side Family Hub

Upper Ride, Coventry CV3 3GL
Tel. 024 7697 8090

Police Community Support Officers (PCSO) in Family hubs

Early Help PCSOs have been introduced at each of the Family Hubs. I'm Matt Chater, and I support and work alongside the staff at the Aspire and Wood Side Family Hubs in Coventry. I will be using this newsletter to keep you updated on topics that have arisen in your local areas, and any hot topics that may be of interest to you.

During the last National lockdown we saw an increase in Domestic Violence and Abuse. Sometimes home may not be the safest place to be. If you are worried about your own safety or that of someone you know, you can find advice and actions you can take by visiting <https://west-midlands.police.uk/your-options/domestic-abuse> If you are in immediate danger always call 999 and you can also come to the Family Hub.

To keep up to date with local crime information please sign up to WMNow

www.wmnow.co.uk

Working with young people, developing skills

Abbie, a 16 year old living in Willenhall, has recently been supported by Woodside Family Hub. Abbie shared with us her love for photography and that she has been interested in this since she was 12 years old. Together with Abbie, the Family Hub linked with a charity to support her to get her own camera to develop her confidence and skills, and Abbie is now taking photos of landscapes, favourite sunsets and looking at the lighting and reflections. Abbie shared that her goal is to become a professional photographer and she is on her way to reach that goal. From this experience, the Family Hub decided to create a Willenhall and Binley Photography competition and they have been inundated with amazing photos of the area and the winner will be announced on their Facebook page.

If you want to get involved in activities through the holidays look out for updates on our page Woodside Family Hub and get in touch!



Creative Optimistic Visions

Our mentoring service is designed to educate and enable young people by using the principles and practices of the protective behaviours process to enhance emotional wellbeing and progression opportunities. This support is available to young people aged 11-24 years. For further information please visit www.creativeoptimisticvisions.co.uk



What is Protective Behaviours? It is a safety awareness and resilience building programme which helps children and adults to recognise any situation where they feel worried or unsafe, such as feeling stressed, bullied or threatened; and explores practical ways to keep safe.

ITS TIME TO COME TOGETHER.
ITS TIME TO TAKE ACTION.

**STOKE. ALDERMOOR.
SOCIAL. ACTION.
PARTNERSHIP.**

FIRST AND THIRD WEDNESDAY
OF THE MONTH
6-8PM
VIRTUALLY ON ZOOM

Please contact:
Kcraig@grapevinecovandwarks.org

Here to Help

Early Help is a range of services working together to help children, young people (0-19) and their families.



0800 887 0545



earlyhelp@coventry.gov.uk